

COEL challenge



Hello everyone.
This challenge is a sensory game.

Sensory games are fun to play. They help us to explore our world around us: our eyes help us to see, our ears help us to hear, our hands help us to touch and feel, our nose help us to smell and our tongue help us to taste.

Have fun! From Hushneara



First

Choose one member of your family and ask them to describe something about an object for you to find in your house.

Now you can go on a scavenger hunt and look for what they have asked you to find?

Which senses will you need to use for your scavenger hunt?



Next

You can play this game to discover your taste as well as your sense of smell.

Inside a few bowls place things like lemon, orange, sugar, salt, herbs, spices etc.

Choose a member of your family to taste and smell all the different items in the bowls blind folded. Can they describe what they can taste or smell?

Did they guess what it is?

Then

As the weather is really warm and nice outside, why don't you and your family go out to discover what sounds/noise you can hear?

Can you name and describe all the sounds you hear?

